



CERTIFICATE OF PARTICIPATION

This is to certify that

Carl Punt

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:55:50

PACE 07:01/km

GENDER 261 of 563

OVERALL 354 of 834

40+ 77 of 161

08 July 2023, Sat

Date



BoutTime

Signature

